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Pre-Intermediate
Learning new words and expressions
Episode 7 - I am losing my cool!!



Listen to the dialogue once:

Dialogue:

- Hey, Lisa, wassup. You look under the weather, what's wrong?
- I'm alright. I'm just losing my cool, George. I have always put up with everything my boyfriend said or did. But now I am really angry with him!
- Why are you angry with him?
- He is only interested in his friends. He is either watching football match with them or they are somewhere in a bar together. From time to time I believe that I am the only person he is not interested in.
- Oh, stop it. I am sure that at the end of the day he prefers you to a bunch of friends.
- Agh, it makes no difference! I am throwing away his things from my apartment! He is in big trouble now! And you can rely on what I am saying. He's gonna regret it!

That's kinda fun. Let's look at some interesting expressions:

to be under the weather / feel under the weather - means to feel unwell, slightly ill, not the best feeling in the world. For example, he hasn't come to work because he feels under the weather. I am sorry I can't go to the cinema with you, I feel a bit under the weather.

I lose my cool - means I lose my temper, become angry, go crazy: He said something about my mother and I lost my cool. Don't say anything to him. He can easily lose his cool and bit you up! The opposite is "to keep one's cool": He is such a calm person, he keeps his cool in the most difficult situations. When you have problems, it's important to keep your cool.

to be angry with somebody - Don't call me, don't talk to me, don't even look at me - I am very angry with you! I was angry with him because he stole my last cookie.

The synonym is to be mad at somebody (pay attention to the preposition "angry with/mad at"): Don't be mad at me but I broke your favorite vase! My cat always breaks something, but it's difficult for me to be mad at him.

to be interested in something - the most important thing is to remember the preposition "in": What are you interested in? I am interested in music and classic literature. I offered him to go to the cinema together but he wasn't interested in this.

Synonyms:

to be keen on something - I am keen on sports, I watched all the Olympic Games. Opera is boring, I am not very keen on it.

to be fond of something - I am fond of drinking tea and reading books. He was fond of music and went to many concerts. You can also be fond of a person. He was fond of me for some inexplicable reasons. She was a girl everyone around was fond of.

either... or - Interesting expression. It's meaning you will see in the sentences: I am going to go to either France or Italy next month, I haven't decided yet. With my tea I eat either biscuits or apple cake - I don't eat other dessert with my tea.

neither... nor is the opposite: I like neither football nor basketball - I don't like both these sports. I can neither swim nor run fast - I can't do both these things. He is my best friend: he is neither good-looking nor very clever but I still love him.

at the end of the day is an expression which means "in the end, finally, after everything said": You now live with your parents, but at the end of the day you will have to move out. Your job brings you much money, but it's very stressful and you hate your boss so at the end of the day you will have to change it.

to prefer something to something - to think that something is better than something, to like something more: I prefer vanilla ice-cream to chocolate ice-cream. I think cats are better than dogs, so I prefer cats to dogs. Pay attention to the preposition "to": I prefer cats to dogs.

it makes no difference - it doesn't change anything: He has already decided to move to another country. And makes no difference what you think about it. It makes no difference what countries we are from - we are all equal.

to rely on something - to trust something or somebody: I know I can always rely on you in any situation. You can never rely on the weather forecast - they are always wrong. I will help you with it, you can rely on me.
Plus you can create an adjective "reliable": Apple devices are not very reliable. German cars can be very reliable.

regret - is when you feel sorry for something you have done or lost: He regretted that he hadn't finished school. Don't regret about things you haven't done.

the only - is an important words which means "being single or very few in number": This is the only way to solve this problem, there are no other ways. There are ten people in the room and John is the only man with blond hair. Other people have dark hair. It is always used with "the": the only man, the only time etc. An exception is an only child: He was an only child in the family, so his parents had only him, no other children.

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